

NSS Special Camp

17 December 2018 to 23 December 2018

Day one: Inauguration of NSS special camp

A special camp of NSS (7 days) was inaugurated on 17th December 2018 under the gracious presence of the Principal Dr.Lalima Singh and under the supervision of Programme officers Dr Jyoti Kapoor, Dr Sumita Sahagal, Dr Ruchi Malviya and Dr Shivshankar Srivastava. The Day began with Yoga and prayer under the guidance of Dr. Rita Chauhan. On this occasion, a lecture on clean Ganga was delivered by Major Ghanshyam of Ganga Taskforce. The programme began with an inspirational lecture discussing the significance of Clean Ganga Mission. He threw light on various mythological, historical, ecological, aspects related to the river Ganges. An interactive session with students was also held and the queries of students were also satisfactorily explained. He concluded by saying that only by changing the traditional mindset of human beings awareness for environment and rejuvenating Ganga can be created. Memento was presented to the guests by the programme officers.

A lecture on the importance of mutual funds was also organized in which Mr.Niraj Tiwari from ICICI Prudential mutual fund shared valuable terms related to investment. Abhijit Gupta and Anoop Mehrotra also assisted him.



Day Two

सदनलाल सांगलदास खन्ना महिला महाविद्यालय की राष्ट्रीय सेवा योजना के विशेष शिविर के दूसरे दिन दिनांक 18/12/18 के कार्यक्रम का शुभारम्भ एन0एस0एस0 के गीत "उठे समाज के लिए उठें-2..... से हुआ। तत्पश्चात छात्राओं ने डॉ0 रीता चौहान के निर्देशन में व्यायाम किया। "नारी शशक्तिकरण" पर आधारित स्वयं सेविकाओं की जनजागरूकता रैली का शुभारम्भ प्राचार्या प्रोफेसर लालिमा सिंह ने किया। भारतीय विशस्त्र सुरक्षा एकेडमी के शैलेन्द्र मालवीय ने स्वयं सेविकाओं को जात्मसुरक्षा के उपाय बताये। स्वयं सेविकाओं ने श्रमदान भी किया। इस अवसर पर डॉ0 ज्योति कपूर, डॉ0 शिवशंकर श्रीवास्तव, डॉ0 रुचि मालवीय, डॉ0 सुमिता सहगल, तथा स्वयं सेविकाएं छात्राएं उपस्थित थीं।



Day Three

Third day of 7 day special camp of NSS started with prayer, NSS geet, exercises and shram daan. Multifarious activities were also held. A lecture on child education was delivered by CDPO Mr. Vimal Chaube, and CDPO Mr. Ashok Chauhan spoke on the adult education. Emphasizing the significance of education he said: all to rise and all to be educated. Attraction of the day was the program Aparajita organized by .Anik Siddharth, Deepak Singh and Surabhi Gupta of Amar Ujala .Mrs Ritambhara Mishra ,Senior Advocate, discussed the problems related to women prestige like eve teasing and about their legal solutions. Poem recitation was done by the students Sandhya Tripathi of BA 3, Shivani Kesarwani of BA 3 and Satya Mishra of BA 1. Principal Dr. Lalima Singh showered her blessings to the students and inspired them to be aware of their rights. She delivered vote of thanks .The whole programme was conducted under the supervision of Programme officers Dr. Jyoti Kapoor, Dr. Sumita Sahagal, Dr. Ruchi Malviya, Dr. Sheoshankar Srivastava.



Day Four

During the observance of NSS special camp various activities were organized on 20th December. The day began with prayer, exercise and NSS geet .NSS volunteers also participated in patriotic song and Nukkad Natak competitions. Rally on blood donation was taken out. Attraction of the programme was informative lecture delivered by Dr. Manishankar Dwived President of Hudsa and the Principal of Moti Lal Nehru Degree College. .He said that chief objective of NSS is to inculcate in students an emotional association with society so that they can relate with the practical aspects of life and can be responsible citizens. He shared valuable information about various phases and kinds of disabilities and also mentioned many acts passed by the Government. On this occasion the differently abled children of the Divyang Institution also exhibited beautiful performance on melodious music. An exhibition of the activities of the Divyansh Institution was also presented under the gracious presence of the Principal Dr. Lalima Singh. All Programme officers were present on the occasion.



Day Five

During the observance of NSS camp on 21st Dec. the day began with prayer and exercise. On this occasion Mr. Ajit Km Sinha senior manager and Mr. Ankur Km Srivastava Assistant Manager, Oriental Bank of Commerce gave valuable information about safe banking, Net banking, Account opening and other relevant things. Captain Dr. Rekha Rani delivered impressive lecturer on first aid, Different kinds of bandages, health and hygiene and demonstrated practical techniques of making stature. Rally on Kumbh and Traffic was also taken out in the gracious presence of the Principal Dr. Lalima Singh and all programme officers.



Day Six

During the observance of NSS camp on 22nd December the day began with prayer and exercises. On this occasion **brief description and demonstration of meditation was exhibited by Mrs. Vandana Bhatia and Mrs. Ruby Bhola of Sahaj Yoga, Mrs Alka and Mrs. Srishti Bhola also accompanied them.** NSS volunteers also participated during meditation. Besides this impressive lecture of Captain Dr.Rekha Rani on Personality development was the center of attraction. The NSS volunteers also learnt the ways to mould their personality. Rally on Swachhta was also taken out in the gracious presence of the Principal Dr.Lalima and programme officers.



Day Seven

Closing ceremony of NSS special camp was held on 23rd December 2018 in the gracious presence of the NSS Coordinator Dr.Manju Singh and Principal Dr. Lalima Singh, Programme Officers Dr.Jyoti Kapoor, Dr.Sumita Sahgal, and Dr.Ruchi Malviya, Dr. Shiv Shanker Srivastava. Programme began with the lighting of lamps followed by Ganesh Vandana and many cultural programmes like Nukkad Natak on the theme of Kumbh, poems, songs and dance. Report of Camp was presented by Dr. Jyoti Kapoor. On this occasion Dr. Manju Singh in her inspirational lecture said that girls can achieve success in life by getting educated. Aman jyot kaur was awarded the prize of best volunteer .The students who participated in Rangoli and Best out of waste were also given certificates. Exhibition was also presented by the students.

